ROBINSON CREW

Quick Catch Newsletter #16 March 18, 2024

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Your Quick Takes

- **Regional Park Regatta:** Sat. Mar. 23 (Novice & Experienced Rowers). Parking is at Commuter Lot, 1325 Old Bridge Rd, Woodbridge. See you at the Grandstands!
- First Stotesbury Planning Meeting: Tues. Mar. 19. If interested in details, send a SLACK to Jim Martinez.
- George's Steaks & Things Fundraiser, Tues. Apr. 9.
- Membership Meeting (Virtual): Thurs. Apr. 11, 7:30 PM in the Robinson Recital Hall.
- The Letter Writing Campaign is on! Rowers have until Mar. 24 to email their friends, family and contacts about supporting Robinson Crew.
- Don't forget to sign your rower up for Carpool for the week each Sunday by 5 PM. Post to the Carpool SLACK channel as early as possible if you need to cancel for the day.
- Reminder: Robinson Crew practices through Spring Break!!
 - Women: 8 11 AM
 - Men: 3 7 PM
- Congrats to all our boats that rowed hard at the Polar Bear Regatta -- a great showing for the start of the season!!!

From the Desk of the RCBC President ...

The Polar Bear Regatta on March 16 was a great start to the racing season! Congratulations to the 1st Men's 4, 2nd Men's 4, 1st Women's Varsity 8, 2nd Women's Varsity 8, and Junior Men's 8 for their first, second, third, third and second place finishes, respectively. I saw many of you at the grandstands cheering for our rowers and especially loved seeing the novices cheering on the varsity rowers from the water's edge.

Thank you to those of you who volunteered for VASRA to help ensure a smoothly run regatta. I also want to take this opportunity to recognize our VASRA Representative, Carla Bissonnette, and our VASRA Local Organizing Committee (LOC) volunteers, Karena Carlson supporting the grandstand concession stand and Troy Orwan and Christopher Anello who are sharing the LOC position supporting the finish line.

Next Saturday's Regional Park Regatta at Sandy Run will be at least twice as busy as the Polar Bear Regatta, so make sure you give yourself plenty of time to arrive at the grandstands. Thank you to Ayan Noor for coordinating the food tent to ensure rowers have snacks during regattas. Thanks to those who have already donated food, drinks or money to support the food tent. If you haven't supported the food tent yet, please see the SignUpGenius (p.4 of the QC) or in the General channel.

Thank you to Mary Beth Bruggeman and Emily Fabrycky for hosting the potluck dinner before the general membership meeting this past Wednesday. We had a wide variety of food and drinks to enjoy while we socialized before the meeting. If you were not able to attend the membership meeting, please take some time to look at the PowerPoint presentation I posted in the General channel. The presentation includes important updates as well as very helpful information about what to expect at regattas. Special thanks to captains Ethan Talbot, Anders Carlson, Grace Bruggeman, Paige Donovan and Morgan Stiller for creating the slides and sharing them during the meeting. The presentation will also be available to view on our website, <u>www.robinsoncrew.org</u>.

With the racing season underway, we continue to need your support with daily carpool from Robinson to Sandy Run. Carpool cannot run without drivers. Please sign up to drive if you can. We could also use your help ensuring Carpool Coordinators, Jeanette Sonner and Donna Sisson (special thanks to both of these ladies), have accurate information in terms of how many rowers need a ride each day. We understand things come up, but please communicate with them as soon as you know of a change in plans so they aren't asking parents to drive only to end up not needing them. Thank you to the many drivers who have assisted with carpool already this season.

From the Desk of the RCBC President, cont't ...

Our last big fundraiser of the year, the Letter Writing Campaign, kicked off last week and runs through March 24. Thanks to Micaela Williamson for coordinating this year's campaign. Participating in the Letter Writing Campaign should take rowers less than 10 minutes once they have gathered email addresses for relatives and family members who don't live in the area and who may want to make a donation to Robinson Crew Booster Club (RCBC) in support of a specific rower. Our goal for the Letter Writing Campaign is to raise \$10,000. As I mentioned at the general membership meeting, we can easily achieve our goal if every member makes use of the Letter Writing Campaign to meet their membership obligation to bring in \$200 in fundraising. Please reach out to Micaela with any questions. I look forward to seeing many of you at Sandy Run next Saturday.

thave a great week, sherring Noud

Active Sign-Up Geniuses

Carpool

- Driver Sign Up: https://www.signupgenius.com/go/60B0945A5A72AA2FD0-47909662-crew
- Rower Sign Up: https://www.signupgenius.com/go/60B0945A5A72AA2FD0-47909670-rower

Launch Boat Drivers for Regattas

https://www.signupgenius.com/go/10C0F45A4AA22A7F8CF8-48027802-robinson#/

VASRA

- Regatta Volunteers: https://www.signupgenius.com/go/30E094CA9AC2AA46-47986203vasra
- Work Days: https://www.signupgenius.com/go/60B0B4AA4AA2BA7F85-47425582-2024

Food Tent Support

• https://www.signupgenius.com/go/70A0448A8AC2AA5FF2-48476458-snack

Polar Bear Regatta Results

Congrats to the great showing by all the Robinson Crew boats at the Polar Regatta. We have the following results to celebrate:

- 1st Men's 4: First Place
- 2nd Men's 4: Second Place
- 1st Women's Varsity 8: Third Place
- 2nd Women's Varsity 8: Third Place
- Junior Men's 8: Second Place

Follow real time Regatta Results on X @VASRA_SRRP

Raise Right (Scrip)

Sign up for RaiseRight (Scrip) gift cards and help us to raise money for the team. This is a simple process with high impact! Plus, you'll raise funds for your \$200 fundraising commitment. https://www.robinsoncrew.org/scrip *** https://www.raiseright.com/

Scrip Gift Card Fundraising for Organizations • RaiseRight

Fundraising for organizations has never been easier. Join 50,000+ fundraisers who have exceeded their goals through gift card fundraising (aka scrip).

Carpool

Do not forget to use the sign up genius to register your athlete for carpool. Please note that carpool is only one way; families must provide transportation home from Sandy Run. Many families arrange a neighborhood carpool for the return ride home. Please SLACK Jeanette Sonner with any questions regarding carpool. Remember to cancel the sign up if your rower will not need carpool for the day.

Parents wishing to earn .5 points for driving carpool should also sign-up using the driver sign-up genius (see above).

REMINDER: "Ten and Two"

Don't forget to consistently check your points and dollar count after each volunteer and fundraising opportunity. The Ten and Two points/fundraising tracker is pinned to the general SLACK channel. Send an email to vpadministration@robinsoncrew.org or DM @Ellen Valentine if you discover any discrepancies.

The RCBC will continuously track and report point totals and will **assess a fee of \$50 per point for any shortfall at the end of the season** to ensure every rower's membership remains "in good standing." There is no "buy out" option for volunteering, as our team needs your time in these areas.

* * *

A Little Rowing Trivia ...

We've learned about the Cox and the Stroke Seat ... so, what's unique about the middle rowers of the boat?

That's your "ENGINE ROOM"... in an 8 seat shell, seats 6, 5, 4 and 3 are usually the rowers with the greatest strength and stroke power.

Help us Feed our Rowers on Regatta Days ...

As we gear up for the regatta season to kickoff this Saturday, March 16, we are reaching out to our fantastic community for your invaluable support. We invite you to contribute snacks and/or money to support the rowers' snack tent which is available all day during competitions. In addition, we need your assistance setting up the snack area early in the morning and taking it down after the last race of our team. This sign up is until **April 4th.** We will do another for the races after that date. We fully rely on your support to ensure that rowers have enough snacks on competition days, so please be generous!

• Snack Food Donation: The following items were determined based on the feedback from returning rowers and from prior year experience. (We are no longer offering hot foods due to difficulty keeping the items warm and clean up.) This year we are asking for prepackaged snacks or fresh whole fruits such as bananas, oranges, tangerines, grapes, and apples. Please select an item to donate from this list:

https://docs.google.com/spreadsheets/d/1hah0HlTbMg_PJC4i06zDeZHxoojdmySyP ceJQcfHivs/edit?usp=sharing. Donations can be dropped off at the home of Ayan Noor, 10211 Glen Chase Ct., up to the Friday before the regatta. We have 75 rowers who will need items weekly. Thus, one item may not be enough for the full 8 events to keep them well fed! So please donate as large a quantity as you can.

- Monetary Support: For those who prefer to make a monetary donation, we are asking for \$25.00 per rower to support buying items in bulk. Any extra money will be used for the end of the season celebration. Send to the Robinson Crew Venmo at: @RobinsonCrewBoosterClub
- Service Opportunities:
 - **Pre-Regatta Snack Set-up**: Join us at the lower parking lot to load snacks and drinks into wagons, deliver them to the boathouse, and set up for the day. We aim to exit the parking lot by 7 AM. Your commitment of just one hour will earn you 0.5 service point!
 - Post-Regatta Snack Pack-up: At the end of the day, help pack, load, and deliver remaining supplies. This involves organizing and reboxing snacks and drinks, cleaning up tables under the boathouse tent, and delivering leftover snacks to Ayan's house. This commitment won't take more than an hour and will earn you 0.5 service point.

Important Note for Pack-up: Please be aware that the times on the sign-up are approximate. Monitoring the races and estimating the time of the last race is crucial. We cannot clean up until the regatta is over and all our rowers have had a chance to eat after their last race. If your rower is racing late in the day, please consider volunteering to pack up the snacks.

How to Sign Up: Your dedication to our cause is greatly appreciated, and your involvement will contribute to the success of the team. **SIGN UP GENIUS**: <u>https://www.signupgenius.com/go/70A0448A8AC2AA5FF2-48476458-snack</u>

If you have any questions or need further information, please don't hesitate to reach out to Ayan Noor on SLACK. Thank you for your ongoing support!

Registration Fees: Fourth Installment Due March 10

The fourth installment of the 2023-2024 registration fee was due on March 10. Thanks for your timely response!

- Dec 10th 1st Installment \$375
- Jan 10th 2nd Installment \$300
- Feb 10th 3rd Installment \$300
- Mar 10th 4th Installment \$275
- Total Registration Fees \$ 1,250

All payments are made through the secure Quickbooks server. Look for an email from our treasurer for payment instructions.

Letter Writing is Underway through Mar 24!

The 2024 Letter Writing Campaign is LIVE! The Letter Writing Campaign is different from Tag Day – it provides our rowers an opportunity to reach potential donors that do not live in our neighborhoods. Our goal is to raise money through donations, large and small, from our friends and family of Robinson Crew. Our goal is to raise at least \$10,000 through this fundraising effort.

Get started by having your rower go to: https://forms.gle/wj8dsQqo9uGQXyncA

You'll need people's names and their email addresses - that's it!

This counts towards your rower's \$200 obligation. **Please send email requests to potential donors by March 24, 2024.**

2023-2024 Volunteer Positions

For more information about any of the following open volunteer positions, **or if you would like to volunteer**, please contact vpadministration@robinsoncrew.org or any member of the RCBC Board. Each of these positions is absolutely essential for our crew team to operate and thrive. Please volunteer and help our rowers to succeed all season long!

- **BOARD NOMINATING COMMITTEE (1 of 3) OPEN**. Identify and recommend RCBC Members interested in serving on the 2024/25 Board.
- **PHOTOGRAPHERS OPEN**. Take photos of the rowers during the regattas for the website, end of year slide show and QC.
- **STOTESBURY PLANNING COMMITTEE OPEN**. Help plan one of our biggest Regattas of the year taking place in Philadelphia in May.

ROBINSON CREW



SPOTLIGHT ON OUR RCBC COACHES

Coach Dale



How many years coaching rowing? I helped RC in Spring 2022; this is year two. Did you row in HS/college? In college at BU -great city, river and school to experience rowing

Favorite Book? A Confident Mind Favorite Movie? Classics from the 80s like Breakfast Club, Ferris Bueller ... Oh, and Minions! Favorite Food? Chocolate ... bagels/pizza Favorite Place to Travel? Japan -- I lived in Okinawa Favorite Rowing Memory? Anytime the boat was set and the swing felt perfect as we moved past boats to win in Eastern Sprints Other hobbies/loves? Photography; Piper, my dog; beach

Fun Fact: I have 3 jobs and enjoy watching my two sons play lacrosse

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SPOTLIGHT ON OUR RCBC CAPTAINS



Anders Carlson

Year in school? **Junior** Seat/Boat? **Stroke seat/Mens 1V** How long rowing? **3 years** Favorite Book? **The Stranger by Albert Camus**

Favorite Movie? **Tie between Snatch and 2001: A Space Odysse**y

Favorite Rowing Memory? **Coming in second at Nationals with my club team over the summer. It was an absolute honor to compete with the best in the nation and to come out with a silver medal.**

Other hobbies/loves? Philosophy

Fun Fact: My first language was Chinese and I lived in China for just over a year when I was 3-4 years old.

Where might we find you next year? **Next year I hope to be back at RC breaking more records and pushing the team to new highs.**

The "In Case You Missed It" Archive ...

- SLACK COMMUNICATIONS. Join SLACK and keep up to date on all team announcements. SLACK IS THE PRIMARY WAY THE TEAM COMMUNICATES! Join all RCBC SLACK Channels, but especially General & Fundraising!
- Helpful Resources for New Rowing Families:
 - https://www.robinsoncrew.org/newrowerinfo
 - https://docs.google.com/presentation/d/1yEFEymmWTl2McH_VfwiNYQORlq5LhsuEedi KRancwVI/edit?usp=sharing
- **REMINDER: US Rowing Membership**. If you haven't yet, please be sure to sign up your rower for U.S. Rowing. This is required for ALL rowers. The membership portal can be found here: https://membership.usrowing.org/. Use Club Code: 499QC
- New Approach to RCBC Volunteer Hours. At the June 2023 RCBC Membership Board Meeting, members voted on a new approach to earning volunteer hours for the team called, "Ten and Two for Our Crew." Please see the last two pages of the Quick Catch for a summary of the improved approach.
- Sandy Run Reminders. A reminder that the speed limit is 25 MPH as you make your way down to Sandy Run on Van Thompson Road. Water practice ends at 6:45 PM. Athlete parking is Lot D. Athlete drop off and pick up at the end of practice is in Lot C. Lot C is on your left once you pass the yellow gate, while Lot D is on your right. Do not drive past these two lots. Lot C should allow you to loop around and exit at the gate placing you back onto the main road.



ROBINSON CREW REGATTA SCHEDULE



Sandy Run Regional Park

10450 Van Thompson Road Fairfax Station, VA 22039

| Regatta | Date | Parking |
|------------------------|----------|-----------------|
| Polar Bear | March 16 | South County HS |
| Regional Park | March 23 | Commuter Lot |
| Walter Mess | March 30 | South County HS |
| Darrell Winslow | April 6 | South County HS |
| Ted Phoenix | April 13 | Commuter Lot |
| Ryz Obuchowicz | April 20 | South County HS |
| Al Urquia/Charlie Butt | April 27 | South County HS |
| VSRC Day 1 | May 4 | South County HS |
| VSRC Day 2 | May 11 | South County HS |

Shuttle to Sandy Run is \$15 roundtrip \$CASH ONLY\$

| South County High School | 8501 Silverbrook Rd, Lorton, VA |
|--------------------------|------------------------------------|
| Commuter Lot | 1325 Old Bridge Rd, Woodbridge, VA |

ROBINSON CREW CALENDAR



2024 SEASON

| Nothing Bundt Cakes (NBC) Fundraiser | Sales: Mon., Jan. 8 – Mon., Jan. 29 |
|--|---|
| | Cake Deliveries: Sat., Feb. 10 (Tag Day #1) |
| Five Guys Fundraiser | Tues., Jan. 9 |
| Membership Meeting | Wed., Jan. 10 (virtual) |
| Swim Test | Sat., Jan. 13 |
| Wedding Experience at GMU (aka "Bridal Show") | Sun., Jan. 21 |
| ERG Sprints | Sat., Feb. 3 |
| Membership Meeting | Thurs., Feb. 15 (virtual) |
| Tag Days | Tag Day # 1: Sat., Feb. 10 (mandatory) |
| | Tag Day # 2: Sat., Feb. 24 (mandatory) |
| OASIS - Robinson Basketball Tournament | ThursFri., Feb. 22-23 |
| Boat Christening/Chili Cook-Off | Sat., Mar. 2 |
| Chipotle Fundraiser | Tues., Mar. 5 |
| Membership Meeting | Wed., Mar. 13 (in person) |
| Polar Bear Regatta | Sat., Mar. 16 |
| Regional Park Regatta | Sat., Mar. 23 |
| Walter Mess Regatta | Sat., Mar. 30 |
| Darrell Winslow Regatta | Sat., Apr. 6 |
| George's Steaks & Things Fundraiser | Tues., Apr. 9 |
| Membership Meeting | Thurs., Apr. 11 (virtual) |
| Ted Phoenix Regatta | Sat., Apr. 13 |
| Ryz Obuchowicz Regatta | Sat., Apr. 20 |
| Al Urquia Regatta/Charlie Butt Regatta | Sat., Apr. 27 |
| VSRC Day 1 | Sat., May 4 |
| Membership Meeting | Wed., May 8 (in person – Board Elections) |
| USRowing Mid Atlantic Championships (Mercer, NJ) & | Sat., May 11 |
| VSRC Day 2 | |
| USRowing Mid Atlantic Championships (Mercer, NJ) | Sun., May 12 |
| Stotesbury Cup Regatta | FriSat., May 17-18 |
| SRAA Championships (Cooper, NJ) | FriSat., May 24-25 |
| USRowing Youth Nationals (Sarasota, FL) | ThurSun., Jun 6-9 |

Thank you to our 2023-2024 Sponsors!

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Robinson Crew Team Member Obligation

To <u>keep Robinson Crew an elite Virginia Scholastic Rowing organization</u>, we need every team member to contribute the following each season:

Accumulate 10 Volunteer Points Raise \$200 In Fundraising

"Ten & Two for Our Crew"

1. Volunteer your time to accumulate 10 points.

Sample volunteer opportunities:

- Carpool Driver 0.5 points (per trip)
- Tag Day Cashier 1 point
- Regatta Food Tent 1 point (per set up or take down)
- Regatta Launch Boat Driver 2 points (per regatta)
- Regatta Concessions Stand 2 points (per regatta)
- Carpool Coordinator 5 points each (two coordinators)



The Robinson Crew Booster Club (RCBC) assigns point values to each volunteer position based on expected level of effort and time commitment.

The RCBC will continuously track and report point totals and will assess team members a fee of \$50 per point for any shortfall at the end of the season to ensure every rower's membership remains "in good standing."

There is no "buy out" option for volunteering, as our team needs your time in these areas.

2. Raise at least \$200 profit through these two events:

- Letter Writing Campaign
- Bundt Cake Sales

If you are unable to participate, reach \$200, or prefer not to fundraise, <u>you have the option to "buy out" and</u> <u>pay the remainder of the fundraising obligation</u>. Team members can buy out, fundraise, or use a combination of both methods to reach the \$200 fundraising obligation. These fundraisers are necessary for our program to operate and to keep our registration fees relatively low.

Tag Day is a mandatory fundraising event (all rowers) and is not included in this \$200 individual goal. We also need your help finding and engaging corporate sponsors (more in the FAQs).

Please help us keep our proud tradition of Ram Rowing thriving by completing your share of the team member obligation.

Rowing is a team sport – the strength of a boat is the combination of our individual efforts. <u>We need each of you</u> to row hard for our program.

Robinson Crew Team Member Obligation FAQs

Q: Why is rowing so expensive?

A: Robinson Crew is completely self-funded and receives no money from Robinson Secondary School or Fairfax County Public Schools (FCPS). The RCBC has been able to keep registration fees relatively low compared to other local high school programs because of strong volunteering and generous contributions by our community and families like you.

Q: Why has the RCBC decided to change the current service hour structure?

A: The RCBC listened to feedback from members past and present and decided change was necessary. The RCBC had three goals when changing the structure: 1) That the requirement be less daunting, 2) That the requirement be transparent, and 3) That the requirement still meet the team needs.

Q: How did the RCBC determine that 10 points and \$200 is the right amount?

A: The RCBC used an average of both volunteer and fundraising needs over the past several seasons (considering inconsistencies during COVID) to keep the program operating at its highest levels and still keep registration fees relatively low. The RCBC feels that the resulting "Ten & Two for Our Crew" satisfies those needs and will continue to re-evaluate program needs each season.

Q: When does the season for accumulating points begin and end? A: Beginning with the 2023-2024 season, the RCBC "membership season" will run from July to June.

Q: Will the hours I've accumulated this season carry over next year under this new point structure? A: Yes – every 15 hours accumulated since February 2023 will count as 1 point toward the 2023-2024 season. Example: if you have accumulated 40 hours in the 2022-2023 season, you will start the 2023-2024 season with 3 points; 20 hours will count as 1.5 points (rounded up to the nearest half point).

Q: If I find a corporate sponsor, does that contribute to my fundraising requirement?
A: Yes – 10% of corporate sponsorships secured go towards a rower's \$200 requirement. Example: a single
\$250 sponsor would equate to \$25 off your requirement, \$1000 would be \$100 off, \$2000 would be \$200, etc.

Q: What happens to any extra points I have at the end of next season?

A: Beginning with the 2023-2024 Season, points will not carry over to the next season. Points will reset each year in November. In addition, members cannot "gift" any extra points to other members.

Q: What does it mean to be a member "in good standing?"

A: Membership in good standing is defined in the RCBC Bylaws found here.

Q: What is Tag Day? Why is my rower required to participate?

A: Tag Day (door to door soliciting) is a two-day event occurring annually in February. All rowers are required to participate in Tag Day. Tag Day is the single largest fundraising event of the season, averaging over \$15,000 of contributions annually.

Q:What is Letter Writing Campaign?

A: Letter Writing Campaign consists of team members sending letters to friends and family members soliciting donations. This is our second largest fundraising event of the season. Specific details regarding the letter writing fundraiser will be provided in the winter.